



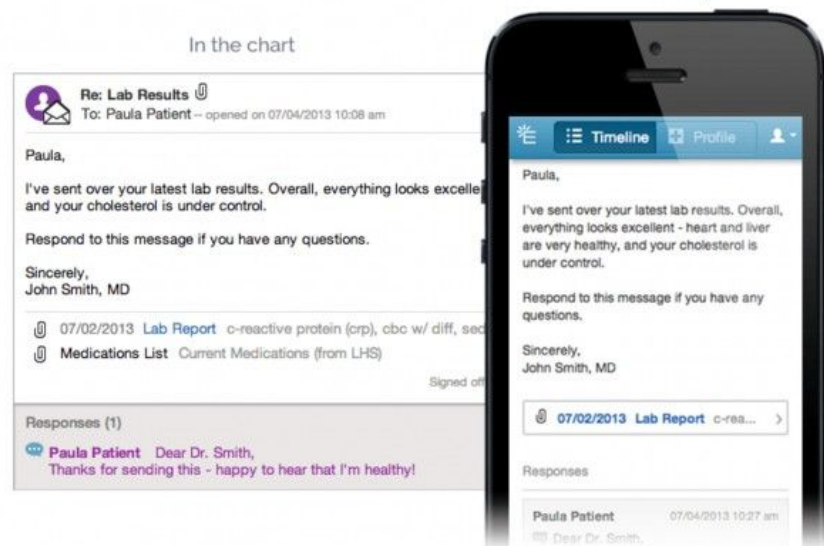
Banyan
WellnessCenter

Back to School

It's that time of year again. Kids are back to school and time to make sure they have the immune support they need as they roll back into classroom. Here are a couple of suggestions to help keep your child's immune system in top shape going back to school. The first recommendation is "fit for school", which is a children's chewable probiotic with vitamin C and vitamin D added. The second is our immune booster, which we offer as an injectable to help support the immune system. The last recommendation is to make sure your child is getting a minimum of 8 hours of sleep. Sleep is how the body repairs and is vital to the immune system to help your child focus during the day while at school.

Dr. Briante

Dr. Briante's official last day in the office will be September 27, 2018, barring that there is not a breach of contract. I am currently interviewing candidates to be able to provide patients with a seamless transition. Once I have come to an agreement with the new doctor I will put out an announcement introducing her.



Electronic Medical Records

WVNC will be officially moving into the age of technology. I have been very resistant to switching to an EMR, electronic medical record, for a variety of reasons. After literally a couple of years of looking at various platforms I have settled on Elation. I believe that this platform will be value added for both myself as a physician and for you as the patient. You will be receiving an invitation to sign up for the elation patient portal. The portal will allow for direct communication with the office that will be part of your patient record. The portal will allow me to be able to share labs directly with you, treatment plans and handouts. This platform will allow for prescriptions to be sent electronically to your pharmacy via E-prescribing, which will also allow for continuous updating of your medications.



Supplement

This months product highlight is Neurobalance formally known as Selevance. Neurobalance is a unique combination of amino acids that are specifically designed to help support the production of dopamine and serotonin. Both of these neurotransmitters get used up when we are under stress which can lead to anxiety, insomnia, depression, racing thoughts and poor focus. Most people recognize serotonin for being associated with antidepressant medications within the class of SSRI, selective serotonin reuptake inhibitor. Rather than blocking the recycling of serotonin which is what the medication does, neurobalance is actually working to increase the amount of serotonin in your body. This leads to feeling more calm, relaxed, focused, a better mood and sleep. If you are taking an antidepressant you should talk to your doctor first about starting neurobalance. The discount will end 9/30/2018.

Elation will allow lab orders to be sent directly to Sonora Quest or Lab Corp if you are not getting your blood drawn at the office. The patient portal will also allow for updates to be received and we will be looking into the possibility of allowing you to schedule directly from within the patient portal.

In order to be able to access the portal you will have to accept the invitation and follow the prompts to set up your account. If you have any issues with getting set up please let the office know.

Immune Booster Injections:

We have had a lot of people asking if we were going to be able to continue to offer an immune booster during the cold and flu season and I am very happy to report yes! We have been able to find a replacement for our prior immune booster which the pharmacy had discontinued. This is a European homeopathic formulation that is similar to what we have used in the office in the past and expect the same great results. If you are not familiar with what I am talking about here is a little background.

For years I have been offering my patients an alternative to a traditional flu shot that does not contain any mercury preservatives or an egg derivative. This injection is NOT a derivative of the flu strain such as your traditional flu shot which is manufactured based on an educated guess by the WHO as to what strain they believe will be prevalent the next year. So, far they have not been very accurate and have not guessed correctly for years which is why we are now seeing flu vaccines coming out with multiple strains of the flu virus within them in an attempt to get better coverage.

The homeopathic immune booster that we offer is safe for anyone in the family and will not create any negative side effects, nor does it interfere with any medications or supplements. It works by gently stimulating your immune system so that in the event that your body does encounter a flu virus or cold virus it will be able to fight it off with ease.

For people who are immune compromised or high exposure; teachers, working in a large open office buildings, frequent travelers, I recommend a once a month injection. For low risk patients I recommend getting an immune booster at the beginning of the cold and flu season and a booster about 6-8 weeks later. It is safer for all ages and is something that we offer to everyone. Ask the staff if you have any further questions.