



West Valley Naturopathic Center

Supplement of the Month

Through the month of November the following supplements will be **15% off:**

1. **Immunity Protect:** A daily multivitamin for your immune system to help ward off viruses such as the common cold, Covid and the flu this season. 2 a day keeps the doctor away and 4 a day if you are getting sick. Vitamin C, D, Zn, NAC and Quercetin.
2. **Detox Pure Packs:** Yes, they are back in stock!!! A daily multivitamin loaded with detox support: glutathione, NAC, milk thistle, fish oil, vitamins and minerals.
3. **Bag of Sunshine:** Nicknamed by our very own MA - Monique. This is our Meyer's IV in a hydration bag - perfect for all around general support.
4. **Garlic IV:** An exclusive IV to WVNC. Everything that we know and love about garlic concentrated into an IV. Antiviral, anti-fungal and antibacterial - this herbal IV covers all the bugs. Combine with nebulized garlic for any respiratory infections.

(Must be an active patient and have a kidney function test within the last 6 months)

IVs - Why you need one ?

Why make an appointment for an IV? There are several benefits to IV therapy. **First**, the nutrition in the bag bypasses the digestive system and goes directly into your blood stream. **Second**, we have so many!

This month features all the different IVs we have and if you're wondering which one is right for you, please ask your doctor!



Ok, there's needles: Yes, but we have wonderful caring medical assistants who take their time with you. The best preparation you can do is hydrate the day before and

eating a meal prior to getting the IV! It plumps the veins and makes them easier to find. Taking a shower prior and/or using small heating pads to places you know you have veins helps, too!

- Improved Nutrient Absorption
- Increased Energy
- Better Sleep Quality
- Boosts the Immune System
- Fast and Effective Hydration
- Reduces Inflammation
- Reduces Symptoms of Migraines
- Combats Fatigue

IV experiences and results vary from person to person but this list is what IVs have the ability to do and what recipients report feeling after an IV Therapy.

Hydrating well the day prior can improve your experience!



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From Our Doctors

Dr. Huynh:



https://youtu.be/8UUvN_hLd4c

Dr. Cordova: What are the benefits of Ozone Therapy?

Sign up for passes by calling the office directly: **623.643.9598**



Some of the IVs available to you as a patient at WVNC:

1.) **Meyers Cocktail:** Maybe the most famous by name, but "What's in the bag?" is the most popular question and we've got the answer! Vitamin C, B-Complex, Calcium, B12, B6, B5, Magnesium, and Selenium.

2.) **Immunity IV with a Glutathione Push:** This is my favorite because it comes with a glutathione push! Glutathione is a powerful anti-oxidant that can reduce cell damage in the liver, regenerate Vitamins C and E. Glutathione is also helps make DNA which is the building block of proteins and cells.



3.) **Hydration Bag:** Many reasons to have a hydration IV. Are you experiencing bloating? Food sensitivities? This IV tends to be easier on the gut while getting in more fluids. If you're unable to keep down solids/food this IV is for you as vitamins/minerals may cause nausea. This is a great alternative. It helps improve immunity and to flush toxins from the body. Add this on to your care if you are detoxing, have frequent migraines or if you are unable to get enough water down!



Disclaimer: You must be an active patient of WVNC and have had labs within 6 months and your annual visit with one of our doctors to be eligible for any of the IV/Ozone therapies.

Happy November and Happy Thanksgiving!

Our office will be closed on 11/11/2022 in honor of our Veteran's!

Thanksgiving closure dates are 11/24/2022 and 11/25/2022!

